

Rainforest Recipes (K-8)

Amazon Trail Mix

1 C cashews
1 C dried banana chips
1 C dried papaya
1 C dried pineapple chunks
1 C chocolate chips
½ C coconut flakes

Combine all ingredients in a large bowl.
Place servings in plastic Ziploc bags.

Jungle Cocoa

1/3 C cocoa
½ C sugar
¼ t cinnamon
1 t vanilla
1 quart milk
whipped topping (optional)
nutmeg (optional)

Mix cocoa, sugar, and cinnamon in a small bowl. Heat milk in a saucepan until hot, but not boiling. Add 2 T of hot milk to the cocoa mixture and stir until smooth. Blend cocoa mixture into the remaining milk. Remove from heat, and add vanilla. Beat mixture until frothy. Serve with whipped topping and a sprinkle of nutmeg.

Rainforest Brittle

¼ C butter (melted)
2/3 C packed brown sugar
¾ C dark corn syrup
2/3 C cashews

Mix butter, sugar, and corn syrup. Beat until smooth. Place in shallow baking dish and bake in preheated oven at 375 F for 30 minutes. Allow to cool, then break into small, bite-size pieces.

Rainforest Punch

1 C pineapple juice
1 C orange juice
½ C guava juice
1 (12 oz.) can ginger ale

Combine all ingredients. Serve chilled.

Jungle Shake

2 scoops vanilla ice cream
2 T milk
½ sliced banana
1 T chocolate syrup
1 T shredded coconut

Place ice cream, milk, and banana in a blender and blend until smooth. Stir in remaining ingredients and enjoy!

Rainforest Brownies

2 squares unsweetened chocolate
1 C sugar
2 T butter (melted)
1 egg
1 t vanilla
1 C flour (sifted)
1 t baking soda
½ C evaporated milk
1 C chopped macadamia nuts
½ C semi-sweet chocolate chips

Preheat oven to 350 F. Melt chocolate in saucepan over low heat. Mix sugar, butter, egg, and vanilla. Add melted chocolate to mixture and stir until smooth. In a separate bowl, sift together flour and baking soda. Stir half of the flour into the chocolate mixture. Add evaporated milk and stir until smooth. Add the rest of the flour and stir until smooth. Add nuts and chocolate chips. Pour into 9 inch greased baking dish and bake for 30 minutes. Cool and serve.